

Monday - Saturday - 11:00 a.m. - 10:00 p.m.

407.333.1232 - fax

407.333.1233 - ph

7025 CR 46A, Suite 1051 - Heathrow, Florida

# TerraMia



7.50	<i>Panino con polpetta</i> With homemade meatballs, marinara sauce & mozzarella. Served with House Salad
7.50	<i>Classico</i> Mortadella, ham, salami & provolone. Served with House Salad
7.50	<i>Spaghetti with Meatballs</i> Served with House Salad
7.50	<i>Eggplant Rollatini</i> Ricotta, mozzarella & basil. Served with House Salad
7.50	<i>Stromboli</i> Italian sausage, caramelized onions, peppers & mozzarella & basil. Served with House Salad
7.50	<i>10" Pizza Margherita</i> Served with House Salad
7.50	<i>Whole Wheat Pasta Primavera</i> Served with House Salad
10.50	add Shrimp
9.50	add Chicken
7.50	<i>Penne Pesto Genovese</i> Served with House Salad
7.50	<i>Lasagna Bolognese</i> Served with House Salad
7.50	<i>Insalata Caprese</i> Roma tomatoes, mozzarella, basil & roasted peppers
7.50	<i>Follo Milanese</i> Chicken cutlet, panko bread & mixed lettuce
7.50	<i>Parma Prosciutto, Fresh Mozzarella &amp; Mixed Lettuce</i> Imported parma prosciutto, fresh whole milk mozzarella & mixed lettuce

Served 11:00 a.m. - 2:00 p.m.

## Express Lunch

## Catering Menu

Our Catering menu offers generous portions of our freshly, hand-prepared dishes.

Pricing does not include tax or gratuity.  
24 hour advance notice recommended.

### Antipasti

	Serves 6-10	Serves 16-20
<i>Parmigiana Di Melanzane</i>	40.00	80.00
Layers of fresh eggplant, tomato & basil		
<i>Salsiccia E Peperoni</i>	40.00	80.00
Our version of the traditional sausage, peppers & onions		
<i>Affettato TerraMia</i>	70.00	
Prosciutto Di Parma, Salame Napolitano, Parmigiano & Gaeta olives		
<i>Stromboli</i>	25.00	
Italian sausage, caramelized onions, peppers & mozzarella		

### Insalate

<i>Insalata Della Casa</i>	35.00	55.00
Our special house salad		
<i>Caesar Augustus Salad</i>	35.00	55.00
Caesar salad with our homemade focaccia crostino		
<i>Grilled Artichoke &amp; Shaved Parmigiano Salad</i>	45.00	65.00
Mixed spring lettuce & marinated artichokes		

### Pasta

<i>Penne Boscaiola</i>	Serves 6-10	Serves 16-20
Marinara, mushrooms, onions in a vodka sauce	50.00	90.00
<i>Rigatoni Con Salsiccia E Peperoni</i>	60.00	120.00
Garlic, bell peppers & sweet Italian sausage		
<i>Rigatoni Alla Norma</i>	60.00	120.00
Tomato, roasted eggplant, basil & bufala mozzarella		
<i>Penne Puttanesca</i>	60.00	120.00
Anchovies, capers, olives, chilies & roasted tomato		
<i>Rigatoni Al Ragù</i>	60.00	120.00
Homemade meatballs with grandma sauce		
<i>Lasagna Bolognese</i>	70.00	130.00
Our old fashion style with beef, veal, ricotta, & mozzarella		

### Secondi

<i>Pollo Parmigiana</i>	80.00	140.00
Traditional chicken parmesan		
<i>Veal Parmigiana</i>	95.00	170.00
Traditional veal parmesan		
<i>Pollo Marsala</i>	80.00	140.00
Chicken breast with wild mushrooms & Marsala wine sauce		

### Dolci

<i>Tiramisu</i>	40.00	80.00
<i>Mini Cannoli</i>	24.00	48.00

Enjoy our freshly prepared dishes at you next office gathering, family dinner or any special event.  
Visit us at [www.terramiaorlando.com](http://www.terramiaorlando.com) for additional information.

## Antipasti

### *Parmigiana Di Melanzane*

Layers of fresh eggplant, buffalo mozzarella, homemade sauce & basil - 8.95

### *Salsiccia Peperonata*

Our version of the traditional sausage & peppers - 8.95

### *Frittura Di Calamari*

Lightly dusted, fried & served with our special sauce - 8.95

### *Frittura Di Alici*

Lightly dusted Canadian smelts with salt & pepper - 9.95

### *Caprese*

Fresh mozzarella di Bufala, Roma tomatoes, basil & oregano - 8.95

### *Gamberoni Posillipo*

Large imported shrimp, Artichokes, and cherry tomatoes in a Pinot Grigio wine sauce - 10.95

### *Carpaccio Di Manzo*

Prime beef tenderloin, arugula, shaved Parmigiano and - 10.95

### *Burrata Con Insalata Di Pomodoro*

Homemade mozzarella ball with creamy interior served with Roma Tomatoes and fresh basil - 9.95

### *Zuppa Del Giorno*

Soup of the day - 6.00

## Insalate

### *Insalata Della Casa*

Our special house salad - 6.95

### *Caesar Augustus Salad*

Caesar salad with Romaine lettuce with our homemade crostino and homemade Caesar dressing - 6.95

Add Chicken - 4.00

Add Shrimp - 5.00

### *Artichoke & Shaved Parmigiano*

Spring mix with marinated artichokes & shaved Parmigian - 8.95

### *Insalata Di Tonno & Fagioli*

Imported mediterraneo marinated tuna & cannellini beans - 7.95

### *Parma Prosciutto & Bufala Mozzarella*

Spring mix, Imported prosciutto di Parma & fresh mozzarella di Bufala - 8.95

### *Arugula Salad*

Shaved Parmigiano, cherry tomatoes, extra virgin olive oil lemon drizzle - 8.95

## Panini

### *Rustico*

Prosciutto, fresh mozzarella, tomato & basil - 7.50

### *Classico*

Mortadella, ham, salami & provolone - 7.50

### *Panino Montanaro*

Smoked bufala mozzarella, grilled eggplant, Prosciutto Di Parma & Arugula - 7.50

### *Parmigiano*

Traditional chicken parmesan - 7.50

### *Panino con polpetta*

With homemade meatballs, marinara sauce & mozzarella - 7.50

### *Panino con salsiccia & peperoni*

With Italian sweet sausage & spicy peppers - 7.50

### *Panino TerraMia*

Imported Italian tuna, fresh bufala mozzarella and roma tomato - 7.50

## Pasta

### *Rigatoni Con Salsiccia E Peperoni*

Garlic, bell peppers & sweet Italian sausage - 11.95

### *Rigatoni Amatriciana*

Imported pancetta, scallions, basil & collina tomatoes - 11.95

### *Rigatoni Alla Norma*

Tomato, roasted eggplant, basil & bufala mozzarella - 10.95

### *Spaghetti Puttanesca*

Anchovies, capers, olives, chilies & roasted tomato - 10.95

### *Spaghetti Alla Carbonara*

Pancetta, scallions, black pepper & egg - 11.95

### *Spaghetti Al Ragù*

Homemade meatballs with grandma sauce - 10.95

### *Gnocchi Sorrentina*

Homemade potato dumplings in our tomato sauce, basil & buffalo mozzarella - 11.95

### *Lasagna Bolognese*

Our old fashion style with beef, veal, ricotta & mozzarella - 11.95

### *Penne Integrale Ortolana*

All wheat pasta with seasonal vegetables, olive oil and garlic - 10.95

### *Rigatoni Bolognese*

Rigatoni pasta with our own recipe of Bolognese sauce - 11.95

### *Tortellacci Emiliana*

Pillow pasta filled with slow cooked beef & veal in our sauce of fresh collina tomatoes - 13.95

### *Spaghetti Alle Vongole*

Little neck clams, extra virgin olive oil & garlic - 13.95

### *Fettuccine Alfredo*

Pasta in our own Alfredo sauce - 11.95  
Add Chicken - 4.00 Add Shrimp - 6.00

### *Spaghetti Alle Vongole*

Homemade Pasta filled with Fresh ricotta and spinach with vodka sauce - 13.95

## Secondi

### *Pollo Parmigiana*

Traditional chicken parmesan - 13.95

### *Pollo Dello Russo*

Chicken breast, lots of pizzaiola sauce - 15.95

### *Pollo Sette Colli*

Prosciutto, roasted bell peppers, glazed mozzarella cheese - 16.95

### *Carne Di Manzo Alla Contadina*

Grilled imported skirt steak with arugula salad - 16.95

### *Salmon Piccata*

Norwegian salmon, white wine sauce, capers & grilled artichokes - 17.95

### *Vitello Parmigiana*

Our version of the famous veal parmesan - 18.95

### *Vitello Saltimbocca Alla Romana*

Veal Scalloppine, Prosciutto Di Parma, sage in a whiteWine reduction sauce - 21.95

### *Zuppa Di Pesce Mediterranea*

Our famous combination of shellfish and fresh fish in a delicious fra diavolo sauce served over spaghetti - 18.95

## Pizza - Personal (13") - Large (16")

### *Montanara*

Baby organic spinach, whole milk ricotta, fresh mozzarella & shaved parmigiano - 12.50 - 16.50

### *Napoletana*

Tomato, anchovy, fresh mozzarella, olives & shaved parmigiano - 11.50 - 16.50

### *Capricciosa*

Cotto, artichokes, mushrooms & fresh mozzarella - 12.50 - 16.50

### *Prosciutto E Arugula*

Tomato, cherry tomatoes, fresh mozzarella, shaved parmigiano, crudo & arugula - 12.50 - 16.50

### *Quattro Formaggi*

Fresh mozzarella, taleggio, ricotta & shaved parmigiano - 12.50 - 16.50

### *Salamino*

Spicy salami, tomato calabrese & fresh mozzarella - 12.50 - 15.50

### *Ortolana*

Tomato, fresh mozzarella & grilled vegetables - 12.50 - 16.50

### *Margherita*

Tomato, fresh mozzarella & basil - 10.50 - 15.50

### *Montanara*

Baby organic spinach, Whole milk ricotta, homemade mozzarella and shaved Parmigiano - 12.50 - 16.50

### *Deliziosa*

Norwegian salmon, fresh mozzarella, pantelleria capers & caramelized red onions - 12.50 - 16.50

### *Genovese*

Grilled chicken breast, pesto Genovese sauce & light tomato - 12.50 - 16.50

### *Bufalina*

Collina tomatoes, imported bufala mozzarella, extra virgin oil & lots of fresh basil - 13.50 - 16.50

### *Calzone Ripieno Al Forno*

Mozzarella, ricotta, salame, ham, sausage & black pepper - 9.50

### *Stromboli*

Pizza dough stuffed with sausage, peppers & homemade mozzarella - 9.50

## Dolci

### *Tiramisu "TerraMia"*

6.95

### *Cannoli*

5.95

### *Profiterolles*

5.95

### *Ricotta Cheesecake*

5.95

### *Sorbetto Al Limone*

5.95

### *Bomba "Gelato"*

5.95

### *Tartufo "Gelato"*

5.95

### *Black Forest Cake*

5.95